

```
dim i,startPos,endPos as integer

if me.listindex>=0 then
  listBox2.deleteAllRows
  startPos = ForumPosition(me.listindex+1)
  endPos = ForumPosition(me.listindex+2)
  //loop through the Sub arrays
  //and add the results to Listbox2
  for i=1 to ubound(ForumSubNames)
    if ForumSubPosition(i)>startPos and ForumSubPosition(i)<endPos then
      listBox2.addRow ForumSubNames(i)
      listBox2.cell(listBox2.lastindex,1)=ForumSubURL(i)
    end if
  next
end if
```